



# TECHNICAL HANDBOOK





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# GENERAL TECHNICAL RULES

## 1. TIME AND DURATION

The 53rd International Children's Games will take place in Ufa, Russian Federation, from July 9 to 14 (including July 9, the day of arrival of delegations, the 14th day of departure of delegations).

## 2. PROGRAM

The programme of the 53rd International Children's Games includes the following disciplines:

### SUMMER SPORTS

- **TEAM SPORTS:** Basketball 3 on 3 (boys/girls), Beach volleyball (boys/girls), Football (soccer, boys/girls)
- **INDIVIDUAL SPORTS:** Greco-Roman wrestling (boys), Judo (boys/girls), Athletics (boys/girls), Swimming (boys/girls), Climbing (boys/girls), Fencing (boys/girls).

For team sports, and combat sports each team or individual must have 2 different colors of sport uniform.

## 3. PARTICIPANTS (Delegates: up to 24)

- Participating athletes must reside or attend school in the city in which they represent.
- Athletes must be 12 years old by January 1 the year of the Games and must still be 15 years old, on December 31 the year of the Games.

## 4. IDENTITY CARD, CONTROL AND SANCTIONS

- All participants of the Games (athletes, coaches, other participants) need to have identification cards, made by the organizer of the Games. The ID card has to include the Participant's photo, sports, the First and last name, City and Country.

- The Head of Delegation is obliged to give the accurate data for the ID cards. The Head of Delegation may need to make access available to all information including legal documentation on their team, in case of any complaint or issues. It is therefore advisable to bring copies of all documentation to the Games.
- In the case of fraud, the City will be obliged to pay all penalty expenses and fines imposed by the Executive Committee of ICG.
- The Referee of appointed discipline as well as the Head of Competition must inspect the athlete's ID card before commencing the competition.
- All athletes must show their accreditation cards with a photo; without this card an athlete cannot compete.

## 5. TECHNICAL MEETINGS

- Joint technical meeting for all disciplines will take place at least a day before the technical meeting of individual disciplines. At the meeting the Heads of Competition and the members of ICG TC will take part.
- Before the beginning of competition, the technical meeting of individual disciplines is summoned. At the meeting the Heads of Competition and the members of ICG TC as well as the coaches will take part.

## 6. AUTHORITY AND JURISDICTION

- A Head of Delegation may file a sport protest. To do so they will follow the Sport Protest procedure for the International Children's Games.
- All sport protests will be heard and either denied or investigated by the ICG Protest Committee.
- All decisions by the Protest Committee are final and binding.

- Sports Protests must be initiated, in writing, by the City's Head of Delegation, as soon as possible after the incident, which is the subject of the protest. The protest must provide the details necessary for the Committee's review and should be submitted to the Head Referee for that sport or any one of the Protest Committee members.
- All protests require a 100 Euros (or equivalent other currency) protest fee to be paid to the ICG before a protest will be heard. Only one protest by a city's Head of Delegation can be filed per sport incident.
- If the Head of Delegation refuses, or is unable to submit a protest in writing, the Protest Committee may exercise its discretion and investigate the protest.
- Subject to any limits imposed either by law or by this procedure, information (whether oral or written) which is created, gathered, received, or compiled through the course of an investigation will be treated as confidential by all involved in the investigation and adjudication of the protest Disciplinary Rules.

## 7. DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behavior, offence made through words and/or actions, violent behavior, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behavior of their athletes at all times.

## 8. Presentation of Medals

- The following Medals will be awarded:

**Gold:** For individuals and relay teams ranking first place in the competition.

**Silver:** For individuals and relay teams ranking second place in the competition.

**Bronze:** For individuals and relay teams ranking third place in the competition.

- Medals will only be awarded to the first three athletes/teams in the A Finals.
- Medal presentations will be made at designated times as per schedule. Athletes must wear their competition uniform or team tracksuit for the ceremony. Team coaches are requested to assist in ensuring athletes are readily available and correctly dressed.

## 9. Medical

- First aid will be available on site. At this first aid station, a doctor, a nurse, a physical therapist and an ambulance will be present and available for all participants.
- Serious cases will be referred to hospital.

## 10. Special note

- No changes can be made to any part of the ICG THs without the consent of the Technical Commission.



# ATHLETICS (Track and Field)

Date of competition:  
**July 11-13, 2019**

## TECHNICAL COMMITTEE

The technical committee will be composed of the:

**Gennady Alekseev**

*Technical Director, 8-917-421-31-36*

**Ganjaev Rustam**

*Assistant Technical Director, 8-960-398-15-03*

**Tatiana Melchakova**

*Head Referee, 8-905-356-35-65*

**Dimitris Orfanopoulos**

*Member of ICG TC*

## VENUE

**Neftyanik Stadium** – 9 Komarova street.

## IDENTIFICATION

All athletes must show their accreditation cards with a photo; without this card an athlete cannot compete.

## COMPETITION RULES

- Each city may register a maximum number of 8 girls and 8 boys and a minimum of 2 girls and 2 boys.
- Maximum 2 athletes from each team are allowed to participate in one event.
- Each athlete may compete in two events and in the 4 x 100m Relay.
- Girls running 800m and boys running 1500m are not allowed to compete in any other discipline the same day of their middle distance competition.
- Athletics events: 100m, 400m, 800m (girls only), 1500m (boys only), long jump, high jump, shot put, 4x100m relay.
- Number of coaches: One for each boy's team, one for each girl's team.
- Personal best performance from each

athlete will be required during registration for seeding purposes.

- Uniforms: Athletes must wear the uniform of their city.
- Competition numbers will be given to Team Managers/Coaches, who will be responsible for issuing bib numbers to all athletes in their team. The competition numbers must be worn firmly attached to the front and the back of the uniform with no less than four (4) pins so that the entire number and logo can be easily seen. No part of the number can be folded.
- Hip numbers will be provided by an official at the start of events requiring them.
- If an athlete fails to scratch from an event after confirmation, she/he may not be permitted to compete in any other event in the Games including relays (See IAAF Rule 142.4)
- The competition will take place according to IAAF Rules and ICG Rules.

## CALL ROOM

- There will be a call room in operation.
- All athletes must report to the call room on time with their competition numbers attached to their uniform.
- In the call room athletes will be expected to demonstrate that their competition uniform, singlet and numbers, shoes and other equipment comply with the completion rules.
- Please do not take unnecessary items into the call room like mobile phones, ipods etc. as they will be confiscated.
- Athletes will proceed to the start of their event from the call room ACCOMPANIED

## ATHLETICS (Track and Field)



BY A CALL ROOM JUDGE OR FIELD EVENT OFFICIAL. Athletes who proceed to the event not accompanied by a judge or official may not be allowed to start.

- The closing Call Entry Times at the call room are: (prior to scheduled event starting times)
  - Jumping and throwing events: 40 min.
  - Running events: 30 min.
- The composition of a team and the order of running for a relay shall be officially declared 90 min. prior to relay scheduled event starting times.
- This time allows for marshaling and movements to the competition site. The remainder of the time may be used to complete the warm up at the competition site where the competition site is not in use (under supervision of the officials).
- If an athlete is already, or is likely to be, competing in another event at the designated call time, the athlete or his/her team official must notify the Call Room of this circumstance prior to the designated call time.
- Athletes who will fail to be at the call room on time will be suspended!
- Warm up: Athletes may warm up in the designated area.
- Starting Blocks: must be used by all athletes in the 100m, 400m and relay. These will be supplied by the venue. No private blocks will be permitted.
- False start: Each athlete responsible for a false start will be disqualified (IAAF 162.7)
- Shoes: The sole and heel of the shoe may be constructed so that they can accommodate up to 11 spikes. Any number of spikes between 0 and 11 may be used, but the number of spike positions cannot exceed 11. The protecting portion of the spike should not be longer than 9 mm. Exception is high Jump, where the length of more than 12 mm is not allowed. The spike point must be so designed, that at least half of the length measured from the tip of the spike, fits into a square mold with straight sides of 4 mm.

## QUALIFICATION

### 100m

- Qualification: 8 heats, the first place of each heat and the 16 fastest runners for semi-final.
- 24 runners will advance to the semi-final. Advancement procedures will be set upon receipt of final entries.
- Semi-final: 3 heats, the first two places from each heat, and the two fastest runners will progress to the A final, and the second eight fastest runners will progress to the B final.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

### 400m

- Qualification:
  - If the total number of participating is less than 32, then first place of each heat and the 4 fastest runners for final A and the next 8 fastest runners will progress to the final B.
  - If the total number of teams participating is greater than 32, then 8 fastest runners for final A and the next 8 fastest runners will progress to the final B.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

### 800m (girls only)

- Qualification: 6 heats, the first place of each heat and 2 fastest runners will progress to the final A, and the next eight fastest runners will progress to the final B
- Girls participating in the 800m run are not entitled to participate in another event on the same day.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

### 1500m (boys only)

- Qualification: 5 heats, the first two places of each heat and 2 fastest runners will progress to the final A, and the next eight fastest runners will progress to the final B.
- Boys participating in the 1500m run are not entitled to participate in another event on the same day.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.





## ATHLETICS (Track and Field)

### Long Jump

- Qualification standard:  
Girls 5.00m, Boys 5.80m
- Qualification: each athlete has three attempts. All competitors who reach or exceed the qualification standard will progress to the final. If less than 12 athletes reach the qualification standard, the 12 best performances of qualification groups will progress to the final.
- Final: the best 8 athletes after three attempts will have three further attempts.

### High Jump

- Qualification standard:  
Girls 1.55 m, Boys 1.65 m
- Qualification: All the competitors who will clear the above-mentioned qualifying standard reach the final. If less than 12 competitors jump the standard, the next best athletes in order will progress the final (until number of 12 competitors is reached).
- The heights for the qualifications:  
**Girls: 1.30, 1.35, 1.40, 1.45, 1.50, 1.55**  
**Boys: 1.45, 1.50, 1.55, 1.60, 1.65**
- The heights for the final:  
**Girls: 1.40, 1.45, 1.50, 1.55, +3 cm**  
**Boys: 1.55, 1.60, 1.65, 1.70, 1.75, +3cm**

### Shot Put

- The shot weights are:  
**Boys: 5 kg**  
**Girls: 3kg**
- Shots will be provided by the organizers. For athletes wishing to use their own shot, the implement must be lodged with the Technical Manager at the equipment room by 9:00am on the day of competition in which your event is to be held. The implements will be impounded until after the competition when athletes may collect them from the equipment room. Any competitor may use all implements in the pool.
- Qualification standard: Girls 10.00m, Boys 12.00m
- Qualification: each athlete has three

attempts. All competitors who reach or exceed the qualification standard will progress to the final. If less than 12 athletes reach the qualification standard, the 12 best performances of qualification groups will progress to the final.

- Final: the best 8 athletes after three attempts will have three further attempts.

### 4x100m RELAY

- If the total number of teams participating in 4x100m Relay is less than 32, semi-finals be not organized and the first place of each heat and the 4 fastest runners for final A and the next 8 fastest runners will progress to the final B.
- If the total number of teams participating is greater than 32, then : 24 teams will advance to the semi-final - the first place of each heat and the fastest runners.
- Semi-final: 3 heats, the first two places from each heat, and the two fastest runners will progress to the A final, and the second eight fastest runners will progress to the B final.
- MEDALS WILL BE GIVEN ONLY IN THE AFINAL.

### DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behavior, offence made through words and/or actions, violent behavior, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behavior of their athletes at all times.

### TRAINING SCHEDULE

- Training times will be available at the sport facility on July 10.

### TECHNICAL MEETING

- The Athletics Technical Meeting will be held on July 10, at 10 a.m. at VDNKh-Expo.

## ATHLETICS (Track and Field)



### TECHNICAL MEETING

### ATHLETICS TIME TABLE

Day 1 – Morning			
Time	Gender	Event	Round
10:00	Boys	1500 m	Heat
10:30	Boys	Shot put	Qualification
10:30	Girls	400 m	Heat
11:00	Boys	400 m	Heat
11:00	Girls	Long Jump	Qualification
11:00	Boys	High Jump	Qualification
11:30	Girls	800 m	Heat
Day 1 – Afternoon			
16:30	Girls	High Jump	Qualification
16:30	Boys	Long Jump	Qualification
17:00	Girls	Shot put	Qualification
17:00	Girls	100 m	Heat
17:30	Boys	100 m	Heat
Day 2 – Morning			
10:30	Girls	100 m	Semi-final
11:00	Girls	High Jump	Final
11:00	Boys	Shot put	Final
11:00	Boys	100 m	Semi-final
12:00	Girls	400 m	Final
12:20	Boys	400 m	Final
Day 2 – Afternoon			
16:00	Girls	800 m	Final
16:30	Boys	1500 m	Final
16:30	Boys	Long Jump	Final
17:00	Girls	100 m	Final
17:10	Boys	100 m	Final
Day 3 – Morning			
10:00	Boys	High Jump	Final
10:00	Girls	Long Jump	Final
10:30	Boys	4 x 100 m	Heat
10:30	Girls	Shot put	Final
11:00	Girls	4 x 100 m	Heat
11:30	Boys	4 x 100 m	Final
11:40	Girls	4 x 100 m	Final



# SWIMMING

Date of competition:  
**July 11-13, 2019**

## TECHNICAL COMMITTEE

The technical committee will be composed of the:

**Igor Tverykov**

*Technical Director, 8-905-357-65-96*

**Kazakevich Anastasia**

*Assistant Technical Director, 8-927-942-94-30*

**Rustem Karimov**

*Head Referee, 8-917-403-31-44*

**Irwin Seet Chim Chuan**

*Member of ICG TC*

## VENUE

**Sport Training Center** – Kamyshlinskaya Street.

## COMPETITION INFORMATION

- Swimmers may compete in 4 events plus 2 relays.
- There will be the following competitions:
  - 50m, 100m, 200m, 400m Freestyle**
  - 50m, 100m, 200m Backstroke**
  - 50m, 100m, 200m Breaststroke**
  - 50m, 100m, 200m Butterfly**
  - 200m Individual Medley**
  - 4 x 100m Freestyle Relay**
  - 4 x 100m Medley Relay**
- Each City may enter a maximum of 4 boys and 4 girls and minimum 2 boys and 2 girls. (2+0, 2+0, minimum two athletes and one coach)
- Cities can enter a maximum of 2 swimmers per event.
- Swimmers must supply personal best performance times for each event during registration process.

- The pool is an indoor 50m lane facility. The warm-up pool is an indoor 25m lane facility.
- Electronic timing and lane display scoreboard will be in use.
- Participant seating will be in the grandstand.
- One coach per city allowed.
- Swimmers may compete in 4 single events plus 2 relays.

## COMPETITION RULES

- The meet will take place according to FINA and ICG rules.
- Racing suits are required for all competitors. Swimwear must comply with current FINA regulation.
- No dives or jumps are allowed unless in designated lanes opened up by the officials or meet director.
- Athletes will be provided with full pool access for warm up at least 30 minutes prior to the first race commencing.
- A and B Finals will take place in all 50m and 100m events. Medals will only be awarded to the first three athletes/teams in 'A' Finals.
- Coaches must send personal best times for appropriate allotment of lanes.

## TECHNICAL MEETING

Technical meeting will be held on July 10, at 10 a.m. at VDNKh-Expo.

## TRAINING SCHEDULE

**Training times will be available at the sport facility on July 10.**

The FINA website [www.fina.org](http://www.fina.org) provides a copy of the latest FINA constitution, Laws and regulations for competition.



# SWIMMING

## TIMETABLE

## COMPETITION SCHEDULE

Day 1 – Morning		
Gender	Event	Round
Girls	400 m Freestyle	Prelims
Boys	400 m Freestyle	Prelims
Girls	50 m Butterfly	Prelims
Boys	50 m Butterfly	Prelims
Girls	100 m Backstroke	Prelims
Boys	100 m Backstroke	Prelims
Girls	100 m Breaststroke	Prelims
Boys	100 m Breaststroke	Prelims
Girls	100 m Freestyle	Prelims
Boys	100 m Freestyle	Prelims
DAY 1 – Afternoon		
Girls	400 m Freestyle	Finals
Boys	400 m Freestyle	Finals
Girls	50 m Butterfly	Finals
Boys	50 m Butterfly	Finals
Medal ceremony - 400 m freestyle, 50 m butterfly		
Girls	100 m Backstroke	Finals
Boys	100 m Backstroke	Finals
Girls	100 m Breaststroke	Finals
Boys	100 m Breaststroke	Finals
Medal ceremony - 100 m backstroke, 100 m breaststroke		
Girls	100 m Freestyle	Finals
Boys	100 m Freestyle	Finals
Girls-Boys	4 x 100 m Freestyle Mixed Relay	Finals
Medal ceremony - 100 m freestyle, 4 x 100 m Freestyle Mixed Relay		
Day 2 – Morning		
Girls	200 m Freestyle	Prelims
Boys	200 m Freestyle	Prelims
Girls	50 m Backstroke	Prelims
Boys	50 m Backstroke	Prelims
Girls	200 m Butterfly	Prelims
Boys	200 m Butterfly	Prelims
Girls	50 m Freestyle	Prelims
Boys	50 m Freestyle	Prelims
Girls	50 m Breaststroke	Prelims
Boys	50 m Breaststroke	Prelims
Girls	200 m Individual Medley	Prelims
Boys	200 m Individual Medley	Prelims



## SWIMMING

### TIMETABLE

#### COMPETITION SCHEDULE

DAY 2 - Afternoon		
Gender	Event	Round
Girls	200 m Freestyle	Finals
Boys	200 m Freestyle	Finals
Girls	50 m Backstroke	Finals
Boys	50 m Backstroke	Finals
Medal ceremony –200 m Freestyle, 50 m Backstroke		
Girls	200 m Butterfly	Finals
Boys	200 m Butterfly	Finals
Girls	50 m Freestyle	Finals
Boys	50 m Freestyle	Finals
Medal ceremony - 200 m Butterfly, 50 m Freestyle		
Girls	50 m Breaststroke	Finals
Boys	50 m Breaststroke	Finals
Girls	200 m Individual Medley	Finals
Boys	200 m Individual Medley	Finals
Medal ceremony - 50 m Breaststroke, 200 Individual Medley		
Girls	4 x 100 m Freestyle Relay	Finals
Boys	4 x 100 m Freestyle Relay	Finals
Medal ceremony - 4 x 100 m Freestyle Relays		
DAY 3 - Morning		
Girls	200 m Backstroke	Prelims
Boys	200 m Backstroke	Prelims
Girls	200 m Breaststroke	Prelims
Boys	200 m Breaststroke	Prelims
Girls	100 m Butterfly	Prelims
Boys	100 m Butterfly	Prelims
Girls	200 m Backstroke	Finals
Boys	200 m Backstroke	Finals
Girls	200 m Breaststroke	Finals
Boys	200 m Breaststroke	Finals
Girls	100 m Butterfly	Finals
Boys	100 m Butterfly	Finals
Girls	4 x 100 m Medley Relay	Finals
Boys	4 x 100 m Medley Relay	Finals
Medal ceremony – 200 m backstroke, 200 m Breaststroke, 100 m butterfly, 4*100 m Individual Medley relay		

## JUDO



Date of competition:  
**July 11-12, 2019**

### TECHNICAL COMMITTEE

The technical committee will be composed of the:

**Ildar Nagaev**

*Technical Director or Assistant,*  
8-927-316-95-60

**Ingrid Morozova**

*Head Referee,* 8-927-937-35-55

**Branko Repinšek**

*Member of ICG TC*

### VENUE

**Sport and health center «Priozerny»** –  
13 Bayazit Bikbay Street.

### COMPETITION SYSTEM

The tournament will be played in a round-robin system.

- 2-3 participants: the judoka will fight a double round-robin;
- 4-7 participants: the judoka will fight a single round-robin;
- 8-12 participants: the judoka will be split in two pools. Each pool try single round -robin. The number one and two in each pool qualifies for the semi-final. The winners of the semi-final qualify for the final and the losers of the semi-final will fight for the bronze medal.
- 13- 20 participants: Quad pool. Four groups with 3, 4 or 5 participants. The number one and two in each pool qualifies for the quarter-final. A1 vs B2, B1 vs A2, C1 vs D2 and D1 vs C2. Winners in semifinal have final fight, losers share bronze medal
- 21 and more participants: prolonged double repressage (repair fight). All losers have additional repair fight.

### TEAM COMPETITION

Number of participants in one team:

3 boys and 2 girls.

Categories (3 + 2).

Boys categories: (- 45 kg, - 60 kg and - 73 kg) or (- 45 kg, - 60 kg, + 73 kg)

Girls categories: (- 57 kg and - 70 kg) or (- 52 kg and 70 kg). A team that is not full could “borrow” max. one competitor from other city or country so as to form a full team.

System of team competition is same like for individual competition, with only one bronze medal for team.

### COMPETITION RULES

- A city enters a maximum of six boys and six girls, a minimum of 4 (2:2 or 4:0).
- Per team only one athlete may compete in a particular weight class.
- There is one coach for all delegate Judo athletes.
- Weight classes may be combined if there is a shortage of participants in certain weight.
- All athletes must be able to show their identification card. When unable to show the identification card, participation is not possible.
- Shime-waza or kansetsu-waza are not permitted.
- The rules of the International Judo Federation (IJF) are leading in the competition.
- The tournament will be played on the basis of knock-out.
- The Judo mat consists of a 7x7m combat zone with a safety margin of three meters around it.
- On the day of the training / morning of the race, all athletes are weighed to see if they meet the correct weight.





## JUDO

- Contest duration will be three minutes. In case of a draw there will be a golden score without time limit;
- White and blue judogis are required in all categories.

### REGISTRATION AND WEIGHT-IN

Will take place at the .. Sport and health center «Priozerny».

**Registration: July 10 at 12-14 a.m.**

**Unofficial weigh-in: July 10 at 12-14 a.m.**

**Official weigh-in: July 10 at 14-15.**

The registrations and weight controls will only be conducted during the above mentioned hours, so please come in time! The draw will be held after weigh-in.

### DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times.

### WEIGHT CATEGORIES

#### Girls

Weights: -33 kg, -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg

#### Boys

Weights: -36 kg, -40 kg, -45 kg, -50 kg, -55 kg, -60 kg, -66 kg, -73 kg, -81 kg, +81 kg

### COMPETITION SCHEDULE

July 10		July 11			
		Field 1 – Boys & Girls		Field 2 – Boys	
12:00 14:00	Registration	09:00	-40 kg (girls), -48 kg (girls)	09:00	-40 kg
				09:40	-45 kg
		09:50	-57 kg (girls)	10:20	-50 kg
12:00 14:00	Unofficial weigh-in	10:30	-63 kg (girls), -70 kg (girls)	11:00	-55 kg
				11:00	-55 kg
		11:45	-73 kg (boys)	11:25	-60 kg
				12:30	-66 kg
14:00 15:00	Official weigh-in	12:10	-81 kg (boys)	12:35	+81 kg
		15:00 Medal ceremony			

Competition starts on July 11 at 9 a.m. Medal Ceremony will be held after the last fight.

### TRAINING SCHEDULE

Training times will be available at the sport facility on July 10.

### TECHNICAL MEETING

The Judo Technical Meeting will be held on July 10, at 10 a.m. at VDNKh-Expo. Each participating city may be represented by one official.

The IFJ website [www.ijf.org](http://www.ijf.org), provides a copy of the latest IJF Constitution, Laws and Regulations for competition.

### RULES OF FAIR PLAY

- Enjoy yourself;
- Play within the rules;
- Respect the referees and umpires;

- Respect the opposition and their supporters;
- Be gracious winners and dignified losers;
- Play hard BUT fair.

### RULES OF FAIR PLAY

Will be posted on the website.

### SUGGESTION FOR JOINT TRAINING

Not necessary, but it is welcome. Like is behavior to organize joint trainings after big judo tournaments, we suggest, that host city also do it. With some medalist from biggest world tournaments (Olympics games, World championships and similar), this training will help that young judokas will return to home with beautiful memories.



## FENCING FOIL

Date of competition:  
**July 11-12, 2019**

### TECHNICAL COMMITTEE

The technical committee will be composed of the:

**Dmitry Petrov**

*Technical Director, 8-917-405-32-43*

**Yuliya Nagimova**

*Assistant Technical Director, 8-905-356-37-53*

**Vladimir Prokaev**

*Head Referee, 8-927-233-69-90*

**Paul Bollen**

*Member of ICG TC*

### VENUE

**Sport Training Center – Kamyshlinskaya Street.**

### COMPETITION INFORMATION

#### Individual competition

- A city enters a maximum of 3 boys and 3 girls.
- The competition might consist simultaneously 63 competitors on the first round that will last approximately one and a half hours. If number of participants will be higher may add one more piste and let 70 competitors on one round of pools.
- The fencers will be divided into pools of about 7 fencers that will fence each other on bouts to 5 hits.
- Medals will be rewarded to 1st, 2nd and to 3rd
- Changes might be depending on the entries in fact.
- The competition will run on an approved fencing competition software approved by the FIE. Each team will declare the quality of their fencers. The software will separate the pools according to this parameter. All other classification will be randomly taking into account separation by teams.

#### Team competition

- The competition will be fenced in direct elimination. Teams will fence for each place.

Medals will be rewarded for the best 3 teams. Each team getting a medal, medals will be rewarded for 4 fencers + the coach.

- According to the results of the individual competition the best 3 fencers of each team will be taken in account Calculated the places reached on the individual competition. If a team does not have 3 fencers fenced in the individual competition, each one of them until the maximum of 3, will be declared as the last +1. The lowest number, the highest ranked. If 2 or more teams reaches the same amount of points there will be a draw to decide the highest ranked.
- The competition will run according to the FIE rules for team competitions. Proper guidelines must be in place for weapon control.
- A Jury Room close to the competition area must be made available.

### DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times

### TRAINING SCHEDULE

Training times will be available at the sport facility on July 10.

### TECHNICAL MEETING

The technical meeting for fencing competition will be held on July 10, at 10 a.m. at VDNKh-Expo.

### TIMETABLE

Will be posted on the website.





## CLIMBING

Date of competition:  
**July 11-12, 2019**

### TECHNICAL COMMITTEE

The technical committee will be composed of the:

**Evgeny Levin**

*Technical Director, Jury President,  
8-922-297-80-41*

**Nelliya Davletova**

*Assistant of Jury President, 8-917-414-06-71*

**Andrey Yagovkin**

*Result Service, 8-912-284-21-83*

*Member of ICG TC*

### VENUE

**Vatan Park – 2A Zaki Validi Street**

### COMPETITION INFORMATION

Competitions are individual.

Participants may compete in lead climbing and speed climbing.

Number of participants in one team: 3 boys and 3 girls, 1 coach.

### COMPETITION RULES

Competitions are held according to the rules of the International Federation of Sport Climbing (IFSC).

#### Lead climbing

Routes shall be climbed with the competitor belayed from below, securing themselves by clipping the rope to protection points. Progression along the line of the route determines a competitor's ranking.

Lead competitions shall take place on purpose-designed, artificial climbing walls having a minimum height of 12 meters.

Lead competitions shall normally consist of:

- A Qualification round of two (2) non-identical routes
- A Final round on a single route

In the case of unforeseen events, it will be decided to cancel one of the rounds in which case the results of the previous round shall count as the ranking of the cancelled round.

### Speed Climbing

Speed competitions shall take place on climbing routes with a nominal length of 15m, constructed on purpose-designed, artificial climbing walls (Record Format Wall with additional foot holds, the scheme is attached). Classic or automatic belaying may be used.

Speed competitions shall normally consist of:

- A Qualification round, consisting of a single stage; and
- A Final round, consisting of between two and four stages (1/8 final, 1/4 final, 1/2 final, and Final composed of Small Final and Big Final).

In the case of unforeseen events, it will be decided to cancel one of the rounds, in which case the results of the previous round shall count as the ranking of the cancelled round.

### DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times.

### TRAINING SCHEDULE

- Training times will be available at the sport facility on July 10.

### TECHNICAL MEETING

- Technical meeting will be held on July 10, at 10 a.m. at VDNKh-Expo.

### TIMETABLE

- Will be posted on the website.

### PLAN OF THE CLIMBING WALL

- Will be published on the website.



## FOOTBALL (soccer)

Date of competition:  
**July 11-13, 2019**

### TECHNICAL COMMITTEE

The technical committee will be composed of the:

**Ildus Biglov**

*Technical Director, 8-917-459-90-40*

**Eduard Sharipov**

*Assistant Technical Director,  
8-987-488-26-48*

**Alexander Lapin**

*Head Referee, 8-927-635-65-30*

**Hugh Waters**

*Member of ICG TC*

### VENUE

**Neftyanik Stadium – 9 Komarova Street**

### COMPETITION INFORMATION

- There will be separate tournaments for girls and boys teams.
- One coach per team is allowed.
- Teams will consist of 6~8 players 1 of which will be a goalkeeper.
- Both the boy's team and the girl's team have a separate coach.
- Shin guards are required for all competitors.
- The venue is outdoor. Players must wear proper soccer cleats/shoes/boots. (Baseball type cleats are not allowed).
- Athletes are prohibited to wear neither any footwear with metal studs nor glasses/sunglasses during a game unless sports/plastic/protective glasses.

### COMPETITION RULES

- The rules of the tournament will be FIFA rules modified for small-sided games.
- Depending on the number of entries, teams will be entered into pools of up to 4 teams.
- The pitch size will be 50-65 m by 40-45 m

- **No offside rule** will be operated
- The ball used will be a size 5.
- Each game will consist of 2 halves of 20 minutes each. Half-time break is 10 minutes.
- Warm up duration: 10 minutes.
- Team size consists of 6 players: (5 players that includes 1 Captain) and 1 goalkeeper
- Goal length 4,8-6 m and height 1,9-2 m.
- Competitions within group are lead by 1 referee. Quarter finals, semifinals and final game will be lead by 2 referees.
- A system of rolling substitutions will apply.
- A timekeeper is required, controlling the duration of the games, using a horn/hooter as no injury time is allowed, except in the Final, which is at the discretion of the referee(s).
- The area between pitches should be kept clear for teams and officials only, with spectators viewing only from the opposite side.
- Throw-ins are allowed.
- Slide tackles are not allowed (punishable with a yellow card), but sliding to score, or to stop the ball going out of play or to stop a goal, is allowed.
- Every free kick is direct – the wall to stand 5m
- Goalkeepers can kick from the hand only after catching the ball.
- The Head Referee cannot become involved with refereeing decisions made on the field of play.
- The normal football back-pass rule applies.
- Goals cannot be scored directly from a kick-off.
- A team does not show up for their first game will be disqualified from the tournament but allowed to play the scheduled fixtures as "friendlies" at the discretion of the Tournament Director and the opposing teams.
- All team members wear the same football strip.



## FOOTBALL (SOCCER)

### PRELIMINARY ROUNDS

- Each team will play all other teams in their pool once. Depending on the pool size and structure, the top teams will go forward to the Medal Rounds while the remaining teams will play an additional consolation game.
- In pool games, 3 points will be awarded for a win and 1 point for a draw.
- The top 2 teams in each group will advance to the quarter finals.
- In the case that teams in the same pool have the same number of points, the final standings will be decided by the following order:
  1. Head to head between the teams concerned.
  2. Goal difference resulting from the group matches ONLY between the teams concerned.
  3. Greater number of goals scored in all group matches ONLY between the teams concerned.
  4. Lower number of goals against in all group matches ONLY between the teams concerned.
  5. If still undecided, the winner will be decided by a coin flip by the Head Referee.

### MEDAL ROUND

- The quarter-finals will be between the top teams in the Pool Round. The winners of one pool will play against the runner up in the another pool.
- The Semi-finals will be between the 4 quarter-finals winners
- The final will be between the 2 semi-final winners.
- In the event of a draw at quarter-final, semi-final or final games at the end of regulation play, there will be 2 x 5 minute periods of extra time followed by penalty kicks.
- In the event of a game going to penalties, any 5 from the full squad can take the first 5 penalties before moving to the rest of the squad if required. Squads for penalties shall be determined by the team with the lower number of players. The goalkeeper who finished the game must be in goal for at least the first penalty.

### PRELIMINARY ROUNDS

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be

excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, and abusive language.

- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times.
- Player who receives a yellow card will be sent to the bench for two minutes. The 2 minutes start after play resumes.

#### Typical yellow card offences include:

Unsporting behavior, dissent by words or actions

- Players sent off (red card) for any reason will be suspended for the team's next game.

#### Typical red card offences include:

Serious foul-play, violent conduct, abusive language.

- If a team is permanently reduced to 4 players due to sending offs, the game will end and the match will be awarded 2-0 to their opponents, unless the score, as it stands at that point, is more advantageous to their opponents.

### TRAINING SCHEDULE

Training times will be available at the sport facility on July 10.

### TECHNICAL MEETING

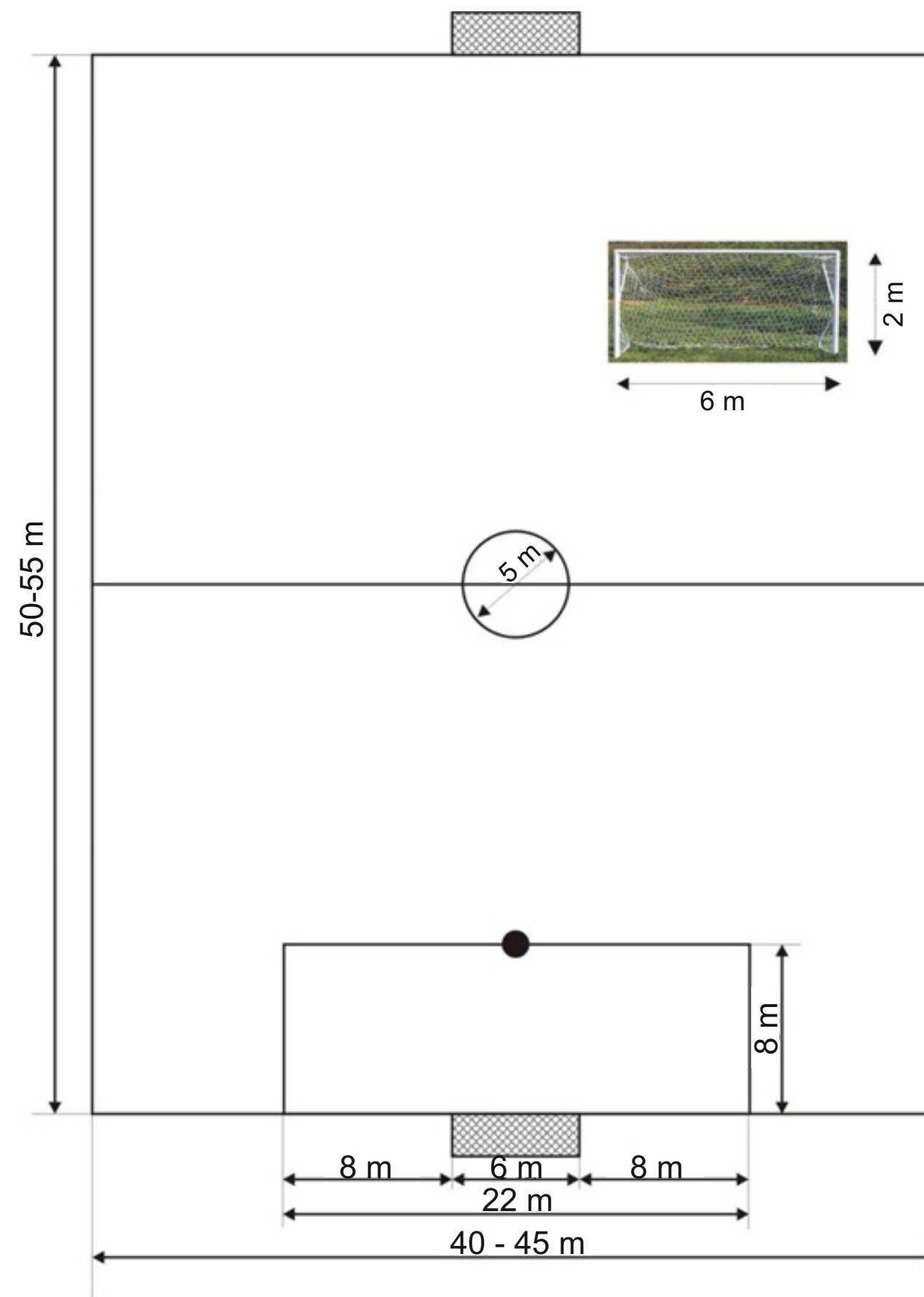
The Football (Soccer) Technical Meeting will be held on July 10, at 10 a.m. at VDNKh-Expo.

The FIFA Website <http://fifa.com> provides a copy of the latest Constitution, Laws, and Regulations.

### TIMETABLE

Will be posted on the website.

## FOOTBALL (SOCCER)





## BEACH VOLLEYBALL

Date of competition:  
**July 11-12, 2019**

### TECHNICAL COMMITTEE

The technical committee will be composed of the:

**Radik Karimov**

*Technical Director, 8-917-343-35-25*

**Victor Kuznetsov**

*Assistant Technical Director, 8-917-344-29-12*

**Alina Bagautdinova**

*Head Referee, 8-917-427-61-92*

*Member of ICG TC*

### VENUE

**Kashkadan Recreation Park** - 31 Marshal Zhukov Street.

### COMPETITION INFORMATION

- A team consists of two players.
- One coach per squad.
- Field size is 16 by 8 meters.
- Net height is for boys and girls 224 cm.
- All athletes must be able to show their identification card. When unable to show the identification card, participation is not possible.

### COMPETITION RULES

- The regulations of the International Volleyball Federation (FIVB) are leading in the races.
- The match is played in two sets won by 21 points, with a possible third set up to 15 points.
- Sets must be won by two points difference
- The ball must FIVB approved

- A ball is "in" when the imprint of the ball is visible on the line
- A team may have three contacts with the ball after the third contact, the ball must be played to the opponent
- Change sides after each seven points played.

### DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times.

### TRAINING SCHEDULE

Training times will be available at the sport facility on July 10.

### TECHNICAL MEETING

Technical meeting will be held on July 10, at 10 a.m. at VDNKh-Expo.

### TIMETABLE

Will be posted on the website.



## BASKETBALL 3x3 (streetball)

Date of competition:  
**July 11-13, 2019**

### TECHNICAL COMMITTEE

The technical committee will be composed of the:

**Sergey Medvedev**

*Technical Director, 8-919-606-22-23*

**Liliya Farshatova**

*Assistant Technical Director, 8-917-406-38-42*

**Andrey Voloshin**

*Head Referee, 8-917-419-24-49*

**Avi Benbenisti**

*Member of ICG TC*

### VENUE

**Kashkadan Recreation Park** - 31 Marshal Zhukov Street.

### COURT

- The game will be played on a court (size 12X12) playing with one (1) basket.
- The court shall have a regular basketball playing court sized zone, including a free throw line (5.80m), a two point line (6.75m) and a no-charge semi-circle area underneath the one basket.

### COMPETITION INFORMATION

#### Teams

- Number of teams that can participate: 22 Boy's and 22 Girl's teams.
- Each team shall consist of a maximum of four (4) players (3 players on the court and 1 substitute) and one (1) coach.
- Number of coaches: One (1) for Boy's team & One (1) for Girl's team.

#### Points

- Basket made from within the 2-point area (inside the 3-point line arc) = 1 point.

- Free throw = 1 point.
- Basket made from the 3-point shot area (beyond the 3-point line arc) = 2 points

#### Game Officials

- The game officials shall be one (1) referee assisted by three (3) table officials, namely a scorer, a timer and a twelve (12) second operator.

#### Basketball apparel

- Basketball Teams must have a minimum of two sets of shirts as well as basketball shoes, socks, shorts, t-shirt. All equipment used by players must be appropriate for the game.
- Any equipment that is designed to increase a players' height or reach or in any other way give an unfair advantage is not permitted.

#### Ball size

- 7 for boys and 6 for girls or official FIBA 3 on 3 ball

#### Beginning of the Game

- Both teams shall warm-up (3 minutes) simultaneously.
- Before the game, a player from team A will take a 3-point shot. If made team A shall begin
- The game with a throw-in, if not, it will be team B. The team that did not start the game

#### Playing time/Winner of a Game

- The regular playing time shall be 12 min (10 min not include stopping time + 2 last min include stopping time).
- The clock shall be stopped during dead ball situations and free throws. The clock shall be restarted after the exchange of the ball is completed (as soon as it is in the offensive





## BASKETBALL 3x3 (streetball)

team's hands).

- However the first team which scores 21 or more points wins the game if it happens before the end of a regular playing time. This rule applies to regular playing time only (not in a potential overtime).
- If the score is tied at the end of playing time, an extra period of time will be played. There shall be an Interval of one (1) minute before the overtime starts. The first team to score two (2) points in the overtime wins the game.

### Fouls by Player/Fouls by Team

- A team is in a team foul situation when it has committed seven (7) fouls.
- A player who has committed four (4) fouls must leave the game.
- Fouls during the act of shooting inside the arc shall be awarded with one (1) free throw.
- Fouls during the act of shooting behind the arc shall be awarded with two (2) free throws.
- Fouls during the act of shooting followed by a successful field goal shall be awarded one (1) additional free-throw.
- Non-shooting fouls under penalty foul situation shall be awarded with one (1) free throw.
- In case of a technical foul, the penalty will be one (1) shot and possession.
- In case of an unsportsmanlike foul, the penalty will be two (2) shots and possession.

### Twelve second device

- The team must attempt a shot for a field goal within 12 seconds.
- The 12 second clock will be reset only when there is a foul or foot violation.

### Stalling

- Stalling or failing to play actively by attempting to score shall be a violation.
- A team must attempt a shot within twelve (12) seconds. The game starts only after basket was scored over the 3 point's line and not underneath the basket.
- If the court is not equipped with a shot clock and a team is not sufficiently trying to attack

the basket, the referee shall give them a warning by counting the last 5 seconds.

### How the Ball is played

- Following each successful field goal or last free throw:  
A player from a non-scoring team will resume the game by passing the ball from the place directly from the court underneath the basket (not from behind the end line) to his teammate to any place on the court. However, if that place is not behind the three-point line, the ball receiver must dribble/pass the ball to a place on the court behind the three-point line.
- Following each unsuccessful field goal or last free throw:  
If the offensive team rebound the ball, it may continue to attempt the score without returning the ball to behind the three-point line.
- If the defensive team rebound the ball, it must return the ball (by passing or dribbling) behind the three-point line.
- Once the ball is behind the three-point line at least one additional pass must be made to a teammate before an attempt to score is made.
- Following the steal, turnover etc:  
If it happens within the two-point area, the ball must be passed/dribbled to a place behind the three-point line. Once the ball is behind the three-point line, at least one additional passes must be made to a teammate before the attempt to score is made.
- Should the first offensive player who has dribbled/received the ball at a place behind the three-point line attempt to score, it is a violation.
- All throw-ins following the fouls (without free throws), violations, out-of bounds, at the beginning of the first period and of the extra period shall be taken from the out-of-bounds place level with the top of the three-point line, closest to the infraction. The places shall be marked in out-of-bounds by 5 cmline. The referee shall hand the ball to the out-of-bound player. The thrower-in must pass the

## BASKETBALL 3x3 (streetball)



ball to his teammate to any place on the court. However, if that place is not behind the three-point, the ball receiver must dribble/pass the ball to a place on the court behind the three-point line.

- Dunking of the ball is not permitted unless pressure-released rings are used.

### Substitutions

- The substitution shall be permitted when the ball becomes dead and the game clock is stopped.

### Time-outs

- There are no time-outs granted to any team at any time.

### ESSENTIAL INFORMATION

- All the teams must be at the court 45 minutes before the designated fixture. Teams
- (Coaches, Players) should arrive at basketball venue with the necessary accreditation. All delegation must to comply with any indication made by the venue staff, without creating any kind of problem to other teams. For any issue or protest, the Head of Delegation has to contact the competition manager immediately. If anything negative is observed, we request immediate report to the department responsible person.



### DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times.

### TRAINING SCHEDULE

Training times will be available at the sport facility on July 10. Forms Latest - international FIBA form is used; must be provided by organizers.

### TECHNICAL MEETING

The technical meeting for Basketball competition will be held on July 10, at 10 a.m. at VDNKh-Expo.

### TIMETABLE

Will be posted on the website.





# GRECO-ROMAN WRESTLING

Date of competition:  
**July 11-12, 2019**

## TECHNICAL COMMITTEE

The technical committee will be composed of the:

**Aydar Islamgulov**

*Technical Director, 8-937-479-09-83*

**Ildar Faizov**

*Technical Director Assistant, 8-917-347-26-14*

**Andrey Krikov**

*Head Referee, 8-927-271-70-68*

**Gerhard Peinhaupt**

*Member of ICG TC*

## VENUE

**Sport Training Center** – Kamyshlinskaya Street

## COMPETITION INFORMATION

- Competitions are individual.
- Team composition: 4 boys, 1 coach.
- Weight categories: 41 kg, 44 kg, 48 kg, 52 kg, 57 kg, 68 kg.

- The mat: it is approved by UWW, with a 9m diameter and surrounded by a 1.50m wide protection area.

An orange band of 1m wide and forming an integral part of the wrestling area is drawn along the circumference on the inside of the circle of 9m in diameter.

There is a 2m wide protection margin (covering and free space around the mat) around each side of the mat.

- Competitor's dress:

Teams are required to use the following colors for the singlet with blue marker: black, blue, green, gray, purple, silver.

Teams are required to use the following colors for the singlet with red marker: white, orange, pink, yellow, brown, gold.

Markers: blue and red.

The singlet should contain 3 markers: two stripes, 7cm wide, on each leg, on the lower edge of the singlet around the leg; one stripe, 7cm wide, which is located under the name of the athlete and the abbreviation of the country on the back. This marker is located only on the back.

Note: red and blue markers are purely technical details, so it is forbidden to put graphics, logos and other marks on the marker.

- Shoes: contestants must wear wrestling shoes providing firm support for the ankles. The use of shoes with heels or nailed soles, shoes with buckles or with any metallic part, is prohibited. Shoes with laces should be wrapped with sticky tape or a system which hides the tip of laces so that they do not come undone during the match.
- The wrestler must be warned at the weigh-in, if his appearance is not correct, he will not be allowed to enter the competition.
- The singlet should be made of smooth fabric without any roughness, presenting a risk of irritation for both users and their opponents.



## GRECO-ROMAN WRESTLING



## COMPETITION RULES

All Greco-Roman wrestling competitions are held in accordance with United World Wrestling (UWW) Rules.

## REGISTRATION AND WEIGH-IN

Will take place at sport hall of Sport Training Center.

**Registration:** July 10, 10 a.m..

**Draw:** July 10, 10 a.m..

**Weigh-in:** July 11 from 8 a.m. to 9 a.m.

Athletes who have not been registered and weighed will not be allowed to compete.

## DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, and abusive language.

- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times.

## COMPETITION SCHEDULE

Will be published on the website.

Competitions start at 10 a.m. on July 11.

## TRAINING SCHEDULE

Training times will be available at the sport facility on July 10.

## TECHNICAL MEETING

The Technical Meeting will be held on July 10, at 10 a.m. at VDNKh-Expo. Each participating city may be represented by one official.

## TIMETABLE

Will be posted on the website.

